

THE
ALLIS

BAKED GOODS	HOUSE MADE PASTRIES croissant / almond / pain au chocolat	4
	BANANA & WALNUT BREAD cream cheese icing	5
	MUFFIN raspberry & chocolate chip / blueberry	5
	SMOKED SALMON BAGEL cream cheese, tomato, cucumber, capers	14

FRUIT & GRAINS	HOUSE GRANOLA greek yoghurt, berries	9
	FARRO PORRIDGE quinoa, chia, coconut, almond, goji	10
	WARM COCONUT PUDDING pear, nuts, seeds, cocoa nibs	10
	QUINOA PANCAKE berries, maple	12

Allis Breakfast ~ 15

2 eggs any style, roasted tomato, avocado, smoked salmon,

Choice of toast; multigrain, sourdough, gluten free, bagel

EGGS	EGGS ANY STYLE toast	7
	EGGS IN A CUP butter, toast	7
	OMELET spinach, goat cheese, toast	9
	EGG SANDWICH sausage, porchetta, cheddar, spinach, aioli	12
	BAKED EGGS arrabbiata, sourdough	12
	EGG POT cheesy mashed potato, smoked ham, shoestrings	12
	AVOCADO egg, basil, lemon, chili, multigrain	13
	EGGS benedict, florentine, royale	15

SIDES

Avocado 4	Roasted Tomato 4	Spinach 5
Bacon 6	Sausage 6	Smoked Salmon 6

HOUSE PRESS JUICE - 8

CITRUS	GINGER	RED
Orange, grapefruit, lemon, turmeric, cayenne pepper	Apple, ginger, lemon	Apple, carrot, pineapple, ginger, beetroot, orange, lemon
GREEN	HARD GREEN	
Apple, kale, cucumber, celery, pineapple, spinach, ginger, lemon, parsley	Cucumber, broccoli, celery, spinach, lemon, ginger, parsley	