

THE
ALLIS

BAKED GOODS	HOUSE MADE PASTRIES croissant / almond / pain au chocolat	4
	BANANA & WALNUT BREAD cream cheese icing	5
	MUFFIN blueberry / pumpkin cream cheese	5
	SMOKED SALMON BAGEL cream cheese, tomato, cucumber, capers	14

FRUIT & GRAINS	ALMOND BUTTER banana, blueberry, flax	8
	HOUSE GRANOLA greek yogurt, berries	9
	BLUEBERRY PORRIDGE maple syrup, rolled oats	10
	WARM COCONUT PUDDING pear, nuts, seeds, cocoa nibs	10
	FRENCH TOAST brioche, berries, vanilla creme anglaise	14

Allis Breakfast ~ 15
2 eggs any style, roasted tomato, avocado, smoked salmon,
Choice of toast; multigrain, sourdough, gluten free, bagel

EGGS	EGGS ANY STYLE toast	7
	EGGS IN A CUP butter, toast	7
	OMELET spinach, goat cheese, toast	9
	EGG SANDWICH sausage, porchetta, cheddar, spinach, aioli	12
	BAKED EGGS arrabbiata, sourdough	12
	KALE SKILLET fried eggs, oats, chives	12
	AVOCADO egg, basil, lemon, chili, multigrain	13
	EGGS benedict, florentine, royale	15

HOUSE PRESS JUICE - 9

GINGER
apple, ginger, lemon

CITRUS
orange, grapefruit, lemon, tumeric, cayenne pepper

RED
apple, carrot, pineapple, ginger, beetroot, orange

GREEN
apple, kale, cucumber, celery, spinach, ginger, parsley

HARD GREEN
cucumber, broccoli, celery, spinach, ginger, parsley

SIDES

AVOCADO - 5

ROASTED TOMATO - 4

SAUTEED SPINACH - 5

BREAKFAST POTATOES - 5

PORK SAUSAGE - 6

CHICKEN SAUSAGE - 6

SMOKED BACON - 6